

Recommended Pre-Kindergarten Daily Schedule

Time	Activity/Learning Domain/Standard	Parent Suggestions/Sample Activities
<p>Before 9:00 AM</p>	<p>Morning Routines Eat breakfast, brush teeth, and get ready and dressed for the day</p> <p>Domain: Health Standard: Students will demonstrate the ability to use nutrition and fitness knowledge, skills, and strategies to promote a healthy lifestyle</p>	<p>Discuss with children the relationship between food and senses.</p> <p>Five Senses: Taste, Smell, Sight, Hearing, Touch https://www.youtube.com/watch?v=bMybpK7j8MM</p> <p>Discuss healthy foods.</p>
<p>9:00 - 9:20 AM</p>	<p>Social Foundations</p> <p>Domain: Social Foundations Standard: Initiates and maintains relations.</p>	<p>Refer to your Continuity of Learning Home Packet, Social Foundations, for a variety of activities.</p>
<p>9:20 - 9:30 AM</p>	<p>Language and Literacy</p> <p>Domain: Language and Literacy Standard: Demonstrate understanding of the organization and basic features of print.</p>	<p>Refer to your Continuity of Learning Home Packet, Language and Literacy, for a variety of activities.</p>
<p>9:30 - 9:45 AM</p>	<p>Language and Literacy</p> <p>Domain: Language and Literacy Standard: Read closely to determine what the text says explicitly and to make logical inferences from it; cite specific textual evidence when writing or speaking to support conclusions drawn from the text.</p> <p>Domain: Language and Literacy Standard: Analyze how and why individuals, events, and</p>	<p>Refer to your Continuity of Learning Home Packet, Language and Literacy, for a variety of activities.</p>

	<p>ideas develop and interact over the course of texts.</p> <p>Domain: Language and Literacy Standard: Determine central ideas or themes of a text and analyze their development; summarize the key supporting details and ideas.</p>	
9:45 - 10:00 AM	<p>Movement Activity</p> <p>Domain: Physical Education Standard: Students will demonstrate the ability to enhance their performance of a variety of physical skills by developing fundamental movement skills, creating original skill combinations, combining skills effectively in skill themes, and applying skills.</p>	<p>Refer to your Continuity of Learning Home Packet, Physical Well-Being and Motor Development for a variety of activities.</p> <p>How to Make a Rainy Day Obstacle Course https://www.youtube.com/watch?v=v7V_uKNvxxvk</p> <p>Show creative movements, dance to music or song. Go Noodle https://www.gonoodle.com/</p> <p>Dance and Freeze Song https://www.youtube.com/watch?v=2UcZWXvgMZE</p> <p>Baby Shark Song https://www.youtube.com/watch?v=XqZsoesa55w</p> <p>We Are Going on a Lion Hunt https://www.youtube.com/watch?v=03i5v1PS7P4</p>
10:00 - 10:15 AM	<p>Mathematics</p> <p>Domain: Mathematics Standard: Know number names and the count sequence.</p>	<p>Refer to your Continuity of Learning Home Packet, Mathematics, for a variety of activities.</p>

	<p>Domain: Mathematics Standard: Count to tell the number of objects.</p> <p>Domain: Mathematics Standard: Describe and compare measurable attributes.</p>	
10:15 - 10:30 AM	<p>Social Foundations</p> <p>Domain: Social Foundations Standard: Initiates and maintains relations.</p>	Refer to your Continuity of Learning Home Packet, Social Foundations , for a variety of activities.
10:30 - 11:30 AM	<p>Fine Arts</p> <p>Domain: Fine Arts Standard: Students will demonstrate the ability to organize knowledge and ideas for expression in the production of art.</p>	Refer to your Continuity of Learning Home Packet, Fine Arts , for a variety of activities.
11:30 - 12:30 PM	Lunch	<p>If you need food for your children, be sure to connect to the following link for pickup locations in Caroline County. Caroline County Public Schools Website CCPS To Provide Meals Throughout the School Closure</p>
12:30 - 1:30 PM	Free Choice	<p>During the typical school day, Pre-Kindergarten students participate in centers and choose which activity they want to do.</p> <p>This is a time for children to play with their toys, engage in dramatic play, puzzles, etc.</p>
1:30 - 2:30 PM	Quiet Time	During this time, children should engage in a restful activity such as reading or taking a

		rest.
2:30 - 3:00 PM	<p>Movement Activity</p> <p>Domain: Physical Education Standard: Students will demonstrate the ability to enhance their performance of a variety of physical skills by developing fundamental movement skills, creating original skill combinations, combining skills effectively in skill themes, and applying skills.</p>	<p>Refer to your Continuity of Learning Home Packet, Physical Well-Being and Motor Development for a variety of activities.</p> <p>How to Make a Rainy Day Obstacle Course https://www.youtube.com/watch?v=v7V_uKNvxvk</p> <p>Show creative movements, dance to music or song. Go Noodle https://www.gonoodle.com/</p> <p>Dance and Freeze Song https://www.youtube.com/watch?v=2UcZWXvgMZE</p> <p>Baby Shark Song https://www.youtube.com/watch?v=XqZsoesa55w</p> <p>We Are Going on a Lion Hunt https://www.youtube.com/watch?v=03i5v1PS7P4</p>
Evening Routines	Evening Routine	<p>Parents are encouraged to read together using the Raising a Reader Books and books from home library. Below are some online books for parents to also consider.</p> <p>Parents may also use a variety of activities found on the Khan Academy Kids app. On the app there are many stories that read to children or they can be read by the parent.</p>

		<p>Online Books Hungry Caterpillar https://www.youtube.com/watch?v=75NQK-Sm1YY</p> <p>The Bravest Fish https://www.youtube.com/watch?v=x9qCa0wntlY</p> <p>Llama Llama Go Shopping https://www.youtube.com/watch?v=aEHnyIC4W0o</p> <p>Olivia Measures Up https://www.youtube.com/watch?v=zUvuV1csi5o</p>
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